



# Health History

NAME \_\_\_\_\_ DATE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY/STATE/ \_\_\_\_\_ ZIP \_\_\_\_\_

HOME PHONE \_\_\_\_\_ MOBILE PHONE \_\_\_\_\_

WORK PHONE \_\_\_\_\_ BIRTHDATE \_\_\_\_\_

OCCUPATION \_\_\_\_\_ EMPLOYER \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY/STATE \_\_\_\_\_ ZIP \_\_\_\_\_

SPOUSE \_\_\_\_\_ CHILDREN (NAMES/AGES) \_\_\_\_\_

\_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_

WHO REFERRED YOU TO US? \_\_\_\_\_

PAST CHIROPRACTIC CARE? YES/NO DR.'S NAME/LOCATION \_\_\_\_\_

\_\_\_\_\_ LAST VISIT \_\_\_\_\_

CURRENT MEDICAL CARE? YES / NO WHY? \_\_\_\_\_

CURRENT DRUGS/MEDICATION \_\_\_\_\_

REASON FOR CONSULTING THIS OFFICE \_\_\_\_\_

\_\_\_\_\_

**PLEASE CHECK THE ONE CHOICE THAT MOST CLOSELY DESCRIBES  
YOUR CURRENT GOALS FOR HEALTH/WELLBEING.**

- I am only concerned about relief of a particular symptom.
- I am only concerned about relief of a particular symptom, and preventing its return.
- I want optimum health and wellbeing on every level available to me.

WE ACCEPT PAYMENT BY CASH, CHECK AND CREDIT CARD  
I understand that all services are to be paid in full at the time of service,  
unless other arrangements have been made and agreed upon in writing.

Signature \_\_\_\_\_ Date \_\_\_\_\_

- ❖ The human body is designed to express health and function normally. However, events may occur in life, which can interfere with this natural ability.
  - ❖ This interference is most commonly caused by vertebral subluxations, resulting from physical, chemical or emotional stress.
- ❖ The practice of chiropractic is based on locating and reducing the vertebral subluxation, which causes nerve system interference.



**Please check any that apply**

**PLEASE TELL US ABOUT ANY STRESS AT YOUR BIRTH:**

- Drugs/medicine/tobacco/alcohol in pregnancy Explain: \_\_\_\_\_
- Labor chemically induced? \_\_\_\_\_
- Forceps/Vacuum Extraction/C-section \_\_\_\_\_
- Premature delivery? \_\_\_\_\_
- Vaccinations? \_\_\_\_\_
- Falls in first year of life? \_\_\_\_\_
- Any health related problems? \_\_\_\_\_

**PLEASE TELL US ABOUT ANY STRESS ASSOCIATED WITH CHILDHOOD:**

- Any falls or injuries? Explain \_\_\_\_\_
- Allergy/Asthma or Respiratory problems? \_\_\_\_\_
- Ear infections? \_\_\_\_\_
- Digestive problems? \_\_\_\_\_
- Hyperactivity? \_\_\_\_\_
- Any other health related problems? \_\_\_\_\_

**PLEASE TELL US ABOUT ANY STRESS UP TO PRESENT:**

- Auto Accident or Injury? Explain \_\_\_\_\_
  - Work Injury? \_\_\_\_\_
  - Sports Injury? \_\_\_\_\_
  - Work Stress? \_\_\_\_\_
  - Family/Home Stress? \_\_\_\_\_
  - Prescription Drug Use? \_\_\_\_\_
  - Non-Prescription Drug Use? \_\_\_\_\_
  - Ever Hospitalized? \_\_\_\_\_
  - Surgery? \_\_\_\_\_
  - Any Major Illness? \_\_\_\_\_
  - Reoccurring Illnesses? \_\_\_\_\_
  - Limited Exercise? \_\_\_\_\_
  - Poor Nutrition? \_\_\_\_\_
- Anything else? \_\_\_\_\_

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